

Drug Status Report

Drug: Aminovol

Drug Name Status: Aminovol is the trade name.

Ingredients:

The product contains several proprietary blends of amino acids, related substances and other substances that have previously been reviewed. None of these are considered controlled. In addition the following new substances are claimed to be contained in the product.

Corosolic acid
Ashwagandha
Theanine

Canadian Status:

Corosolic acid (2alpha,3beta-dihydroxyurs-12-en-28-oic acid) is a pentacyclic triterpene and inhibits glycogen phosphorylases. It is claimed to influence blood sugar levels. It is not related to substances listed on the schedules to the CDSA.

Ashwagandha¹, also known as Withania somnifera, Indian ginseng, Winter cherry, Ajagandha, Kanaje Hindi and Sann Al Ferakh, is a plant in Solanaceae or nightshade family. It is claimed to have properties similar to ginseng.

Theanine² is an amino acid commonly found in tea (infusions of *Camellia sinensis*).

Recommendation: The ingredients in Aminovol are not included in the schedules CDSA; Aminovol is not a controlled substance.

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¹ <http://en.wikipedia.org/wiki/Ashwagandha>

² <http://en.wikipedia.org/wiki/Theanine>